

**Supplementary Table 1.** Hippocampal volumes (mm<sup>3</sup>) in the second scan (after the exam)

	Left hippocampus	Right hippocampus
<i>n</i>	40	40
Mean	4377	4467
Median	4327	4493
Standard deviation	376	349
Minimum	3596	3842
Maximum	5458	5128

**Supplementary Table 2.** Hippocampal volumes (mm<sup>3</sup>) in the first scan (before studying for the exam)

	Left hippocampus	Right hippocampus
<i>n</i>	40	40
Mean	4349	4464
Median	4363	4460
Standard deviation	309	357
Minimum	3631	3758
Maximum	4963	5188